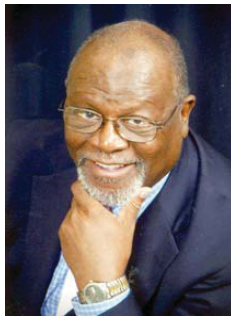




The mission and purpose of the African American Cultural Society, Inc. is to preserve and perpetuate the cultural heritage of African Americans through educational, artistic, intellectual and social activities and services deemed to be in the interests of the entire community.

From President Joe Matthews...

The following is the President's brief current assessment of several key areas, based especially on his work inside the organization with various AACS committees, the Executive Board of Officers, and the Board of Directors, all serving to move AACS forward.



Fundraising

On this past April 5th and May 3rd, AACS sponsored events called First Friday. The concept came out of similar events at other venues not located in Palm Coast.

The First Friday project team felt it would be a good event at the Cultural Center because it would be unique in Palm Coast, guests would not have to drive a great distance, and the 4:30 p.m. starting time would attract those who don't like to drive at night for entertainment.

Attending a First Friday event would also allow patrons to go home or pursue some other activity after an early evening of good music, camaraderie, food, and fun at the Center.

We are excited about what has been started at AACS and in Palm Coast, and hope you consider joining us at some future First Friday event.

Membership Level

I am extremely pleased about our current membership total of 363 persons; it is reflective of the positive things being done at AACS, and the exposure we are getting within and outside the Palm Coast community.

I would like to see the membership level soon grow to 500. This may be optimistic thinking, but I believe it is

(continued on next page)

AACS Salutes

Eric and Anna Garvin...

By Harriett A. Whiting, AACS Gold Lifetime Member

"We make a living by what we get, but we make a life by what we give."

Eric and Anna are natives of Brooklyn, NY, who relocated from Maryland to Palm Coast in 2015. They first met when Anna was in 7th grade and they became childhood sweethearts. Their growth to adulthood took decidedly different paths but their early meeting and journey somehow shaped the path of giving that is central to their lives today. Eric moved at age 13 from Brooklyn to Staten Island to live with an uncle and aunt following a series of family tragedies. Despite the challenges, he enrolled in a new school knowing no one and excelled in all areas. When he graduated high school, he received scholarship offers from several prestigious universities.

Eric was selected to attend the U.S. Air Force Academy where he received a BS degree in finance with a minor in engineering. Shortly after graduation, Eric and Anna were married. She has supported him in all his endeavors while enjoying a successful career in retail, and focusing on raising their son and daughter, both now successful professional adults.

During his Air Force career, Eric received a MS degree as a Distinguished Graduate of the National War College in Washington, DC. At the Department of Defense, he worked on top development programs. After 26 years of service, he retired as a colonel in 2007.

While attending graduate school, Eric became involved with Fishing School in Washington, the first of many nonprofit organizations he has supported through

(continued on next page)



From President Joe Matthews continued...

possible with the continued hard work of our committees, and with members continuing to spread word about us to their relatives, friends and acquaintances. Also, substantial growth in the number of members is heavily dependent on the word of mouth of those who have attended Cultural Center events.

Membership Support

Moving AACS forward is our hardworking and dedicated Nomination and Elections Committee. Proposed Bylaw amendments are being voted on now and I hope you have responded quickly and returned your ballot. I feel that adoption of the proposed amendments will move the Executive Board of Officers forward by increasing continuity and allowing fuller application of skills and knowledge.

Center Administration

Shortly we will be closing out the 2018-2019 fiscal year with a lot accomplished: the cultural events, the awarding of scholarships, the fundraisers, and the Center rentals. We are looking ahead to new fiscal year 2019-2020 with great excitement on the possibility of even greater success in accomplishing AACS' mission.

Let me to close by saying, as always, "It takes a Village". Thanks for all the support you give me and our Cultural Center Administrator. I am proud to represent you as your President.

The Scribe

The Scribe newsletter is published bi-monthly by the African American Cultural Society, Inc., P. O. Box 350607, Palm Coast, FL 32135-0607, and telephone 386-447-7030. The African American Cultural Society (AACS) is a 501(c)(3) nonprofit educational organization founded in 1991.

Advertising appearing in this publication does not constitute endorsement of its content by AACS. Income from donors helps to offset a portion of the expense involved in the production of this publication.

December/January 2019 Edition Errata

Theodora Smith's birthday is January 17.

AACS Salutes continued...

the years.

The school provides underprivileged young people with tutoring and other activities. Eric has continued working with the Fishing School. In 2009, he led a successful effort enabling the school to move from a renovated crack house to a building which could serve 400 students versus 150.

Following his military retirement, Eric worked with Northrup Grumman Aerospace Systems as its DC representative for a surveillance and reconnaissance aircraft. He is currently Principal Business Development Manager of Electronics Systems with Harris Corporations. Given his childhood challenges, Eric and Anna believe in giving back. Serving others is a top priority.

Eric now serves as Board Chair/President for Cross World Africa (CWA), a nonprofit organization dedicated to helping impoverished rural communities in Kenya's Rift Valley and urban communities in Nairobi and Tanzania. CWA focuses on entrepreneurship, education and health projects. For example, livestock is given to needy Kenyan widows, providing economic self sufficiency, family nourishment, and income to pay for school fees. CWA's Ruby in the Rift Menstrual Project is transforming the lives of young Kenyan girls.

Eric also serves on the board of the Phillips Charitable Organization which provides emergency grants for struggling single families, veterans, and students pursuing Science, Technology, Engineering and Math (STEM) professions. Within a 14-month period, \$200,000 in grants were distributed in more than 20 states.

In 2011, Eric was named Black Engineer of the Year for Community Service; he was inducted into the Black Engineer's Hall of Fame in 2013. His commitment and community contributions have been recognized by many other organizations. Eric is often referred to as the Community Ambassador and a Hope Dealer.

When asked how he was able to transition over and through so many hurdles placed front and center during his young life, he responded, "God dispatched his angels to watch over me and I could not let them down. So many people have given so much to me, my aunt and uncle taking me in, teachers... so many, I owe such a debt of gratitude to those folks. If you want to understand why I give, it's because people have poured into me. And now I just want to give back. I had people telling me that I could be somebody. I was foolish enough to believe them."

Happy Birthday!

Each member is wished a joyful birthday and many thanks for an ongoing commitment to AACCS!



June: Patricia A. Bottoms (29), Darryl Boyer (7), Ann L. Clark (5), Ray Henderson (14), Hugo A. Hendricks (26), Imani Kinshasa (18), Elaine S. Koonce (19), Jean Lanier (21), Hermione G. McLemore (28), Howard A. Myrick Ph.D. (22), Sheila O'Connon (19), Wanda J. Phillips (27), William L. Seeney (19), James M. Sharpe Jr. (22), Johnnie Spann (4) and Emma D. Wilson (3).



July: June N. Bethel (27), Clarence W. Brodnax (24), Dominick E. Cunningham, Geraldine Roberts Dillon (24), Geraldine A. Finley (19), Mamie R. Godfrey, Dr. Marion H. Harris (27), Sarah J. Herrera (10), Angela Johnson (28), Ethel Jones (27), James T. Lee (21), Leslie Lee (17), John Lucas (29), Patricia L. McLaurin (20), Miles Krause McLean (9), Naomi Meacham (10), Melinda J. Morais (10), Dorothy J. Nixon (25), Joyce Roach (4), Damali Walker (6), Marilyn S. Wilson (30) and Meshella E. Woods (21).



Did we miss your birthday?
Call The Cultural Center, 386-447-7030 to ensure we have it!

In Memoriam

James W. Allen
Gold Lifetime Member
Palm Coast, Fla.



Membership

Many thanks to the following members for recently joining the African American Cultural Society and helping to accomplish its mission: **Anas Benjelloun, Olivia Bereal, Gail Berry, George Berry, Diane Cocchiola, Michael Cocchiola, and Geraldine Wright.**

In this fiscal year, AACCS' membership has reached a level of 363 persons as of April 30. Expectations are that AACCS will continue to grow by attracting and retaining members of the community who deeply appreciate the following reasons to join:

AACCS educates and interprets

our rich African American culture.

AACCS owns the beautiful Cultural Center property

for the community to hold meetings and events.

AACCS evidences our concern for our youth

by offering training, programs and relevant activities.

AACCS perpetuates our culture

through the presentation of visual and performing arts.

AACCS provides exciting experiences

with study groups, lectures, trips and social events.

AACCS is an extended family

to explore new ventures and develop hidden talents.

AACCS promotes pride

and demonstrates our relevance in the community.

Ensuring Your Legacy

To leave a gift to AACCS in your will or trust, please use the following language:

I hereby devise and bequeath (specific sum or property) to African American Cultural Society, Inc., federal tax ID# 59-3104305, a non-profit corporation of the State of Florida, for its unrestricted charitable use and purpose.

Thank you in advance for ensuring that AACCS is part of your legacy!

Donate to AACCS via AmazonSmile

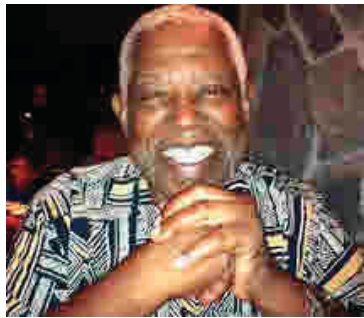
Use **smile.Amazon.com** when making purchases at Amazon. On your first visit to AmazonSmile, select **African American Cultural Society Inc., Palm Coast**. Your selection will be remembered, and then every eligible purchase you make will result in a donation to AACCS. Thanks in advance for your support and generosity!

Remembering Jim Allen...

By **Jeroline D. McCarthy**,

AACS Silver Lifetime Member & Past Scribe Editor

James W. Allen was born Feb. 13, 1933, on a farm in Kendrick, Florida, the grandson of a sharecropper, and the son of a Methodist minister and his wife. He played football, ran track, and sang in the choir. Spurred by a trip to New York, he became aware of the opportunities the world has to offer. The discovery was made just prior to his enlistment in the U.S. Army at age 18.



Over a 29-year-tenure - always serving in administration during the Korean and Vietnam Wars - he mentored men and women as a first sergeant. He was honorably discharged and was cited to be respectful - a man's man - and a caring and loving family man.

Following relocation to Palm Coast in 1981 from Fort Meyer, Virginia, Jim became director of transportation for Flagler County Transportation and the frontrunner to organize the Flagler County Historical Society's bus tours. He was a member of NAACP, the Disabled American Veterans (DAV), and was former commander of VFW Post 8696, Palm Coast. He enjoyed playing golf, bowling on the church's league, and fishing.

Jim was a Gold Life Member of AACS, as well as the creator of the 200 Club and the Men of AACS organization. He was a dedicated and determined member of the AACS Mortgage Elimination Committee involved with getting a \$380,000 mortgage paid off in 12 years rather than 15 years. He is survived by Anne, his loving wife of 53 years, as well as a son, two daughters, a son-inlaw, four grandchildren, and five great-grandchildren.



Jim Allen at Mortgage Burning Ceremony in 2012



Congratulations to the following recent 200 Club winners!

March 2019

Shelly Artis, **William Couch** (Quarterly Prize),
Geraldine Finley, Lawrence Green,
Dennis Hargett, **Victor Krause** (Annual Prize)
and **Rodney Sherman.**

April 2019

Ethel Jones, Melinda Morais,
Reinhold Schlieper and Carolyn Timus.

The next drawing of 200 Club winners will occur at the May General Membership Meeting. Per the Club's drawings schedule for the 2019-2020 cycle, starting in May, there will be 51 drawings for prizes ranging from \$100 to \$1,000.

If you are interested in purchasing one or more numbers to win prizes during this cycle for yourself, family, or friends, please contact Alfreda Brown at (386) 437-8175. Then pay \$104.00 for each number you select with a check made payable to AACS and send it to AACS-200 Club, P.O. Box 350607, Palm Coast, FL 32135-0607.

Upcoming AACS Events

Cultural Film Presentations

Thursday, June 6 @ 2 p.m.

Thursday, June 13 @ 2 p.m.

General Membership Meetings

Saturday, June 22 @ 11 a.m.

Saturday, September 28 @ 11 a.m.

Juneteenth Celebration

Saturday, June 15 @ 4:00 p.m.

Alabama Cultural Tour

Monday, June 17 @ 7:30 a.m.

Annual Member Cookout

Saturday, September 7 @ Noon

The Value of History...



Robert Whiting, AACSGold Lifetime Member, accepted an invitation and spoke to the Black History Class at Matanzas High School in Palm Coast on May 15th. As our Education Committee chair, he spoke about the importance of history and how a knowledge of history is essential to understanding the present and planning the future. Rob's PowerPoint slide presentation clearly conveyed the well-received concepts and generated useful classroom dialog.

Renew Your Membership Today...

Please avoid our phone calls and mailings! Renew your AACSG membership today for the new fiscal year, July 2019 through June 2020. No dues are required from Youth Members, Emeritus Members, and fully paid Lifetime Members. Dues payments with credit or debit card will be accepted in The Cultural Center Office. Please make online payments at www.aacspc.eventbrite.com.

Send your dues payment check to AACSG, P.O. Box 350607, Palm Coast, FL 32135-0607 for the following categories:

\$50 if you are a Young Adult Member

\$100 if you are an Adult Member

\$150 if you are a Family Household Member

Gold Lifetime dues are \$5,000 one-time or
\$500 per year for 10 years.

Silver Lifetime dues are \$2,500 one-time or
\$250 per year for 10 years.

You will receive your AACSG membership card and handbook for the new year after you have paid your annual dues. Your active participation is needed to continue important cultural work in the new fiscal year. Questions? Please call (386) 445-8403. Your membership is deeply appreciated and a key part of AACSG's future!



Free Family Event with partial support from the City of Palm Coast

Saturday, June 15, 4 – 8 p.m.

Program Begins at 5 p.m.

**The Cultural Center - 4422 US 1 North
Palm Coast, Fla. (386) 447-7030**



**Vocalist Erica Eubanks * C-Squad Steppers * Palm Terrace Band of Daytona Beach
Poetry by Imani Kinshasa * Skit featuring Giovanni Sylvain * Demetrus Headly**

Vendors + Bounce House + Children Games + Resource Providers

“Our Florida Mosaic”...

By **Jeroline D. McCarthy**,

AACS Silver Lifetime Member & Past *Scribe* Editor

~~~~~

### **Exploring Black History Through Eyes of Youth**



Sacrifices, legacy and contributions of African Americans played important roles in “Our Florida Mosaic,” a Youth Black History Reality Show – now in its 16th year – staged on Jan. 27 at AACS.

The free, public celebration – partially funded by the City of Palm Coast – took in the recent aspects through the Youth Black History Committee – Jeanette Wheeler, Chair; Richard Barnes, Patricia Bottoms, Redonia Johnson, Melba McCarty, Harriett Whiting, and Annette Williams.

Young Stefany Ecklin, mistress of ceremonies, assembled the roles for the audience amid cheers from the young audience members.

Also attending were Bunnell Mayor Catherine Robinson, Bunnell City Manager Alvin Jackson, and Dr. Dora Hymon Giddens, daughter-in-law of the Rev. Frank Giddens, a community activist, who was instrumental in integrating the county’s workforce through the Comprehensive Employment and Training Act (CETA) of 1973.

**Florida’s Slave Past** Much of the mosaic was memorialized in narratives, tellingly superb stories of African Americans in Florida and the cultural aspects of places in the state, portrayed by young people.

Flagler Palm Coast High School (FPOCHS) TV crew recognized the Fort Mose slave sanctuary in a video, the Henrietta Marie slave ship carrying African captives for sale as slaves in the West Indies, and the vessel shipwrecked off the Florida coast.

It was anything but ordinary when Anna Kingsley, a West African captive, carried on the responsibilities of her husband, Zephaniah’s plantation in Jacksonville – only to become a slave owner herself. **‘Right to Life’ Show** Part of the pattern, presented as a “Right to Life” talk show, narrated by Sofia Curtain and set into motion by Mt. Calvary Baptist Church youth, were sacrifices made by civil rights leaders Harry and Harriett Moore, who, in 1938, registered over 1,000 Black voters. And, in 2012, another senseless killing

of teen Jordan Davis by a White man, claiming to be threatened by a gun, was sentenced to life without parole.

Another time in 2012, George Zimmerman, a White man, claiming to be standing his ground, walked away free after snuffing out the life of teen Trayvon Martin. The response from the audience was: “We have a right to live.”

“Young people, I want you to see a legend, and here is one,” said Wheeler.

**Local Legend Honored** The Rev. Daisy Mae Henry was bestowed a certificate for her tireless work in the Flagler County community after attending the segregated George Washington Carver High School and pushing on to again run for Bunnell city commissioner. She became the longest-running female to serve.

The Spirit of Life Church pastor works with young people and has just launched a home for senior citizens.

The legacy rose in the African American’s expressive brilliance of dance, titled “Strange Fruit,” choreographed by Valerie Betts, protesting lynchings in song, narrated by Erica Cousins, and internationally memorialized by singers Billie Holiday and Nina Simone.

The contributions by Chi Delta Omega’s #CAPS Network refrained the insight of an African-American History course, under AACS President Stephanie Ecklin, and led in 2014 by Robert Whiting and the Education Committee – with the Florida Department of Education offering only a half credit in both Flagler high schools – took a giant leap to then offer a full semester credit.

**Other Contributors** The show contained an enormous mosaic of people and places – Congresswoman Val Demings and others – and places like the Rosewood township, populated by predominately Blacks.

Edwina Mezo Brown noted that “in 1923 during the Rosewood Massacre that was started by a White lady’s claim that a Black man had raped her, the whole, entire town was torn up...”

There were other attacks and other achievements, represented by: Stefany Ecklin, Diaje Betts, the FPOCHS TV crew, Carmen Holcy, Osllyn Bryant, Joy Prime, Sofia Curtain, Mount Calvary Baptist Church youth, Guy Burkley, Aminah Taite-Headspeth, Edwina Mezo Brown, Najee Monroe, Jill Prime, Alex Harvey, Jada Simpson, Erica Cousins, Maya Felton, Nia Felton, Samira Taite-Headspeth, Shaunte’ White, Bryanna Ivey, the Boys and Girls Club of Flagler & Volusia, Chi Delta Omega’s #CAPS Network, and Makayla Jenkins.

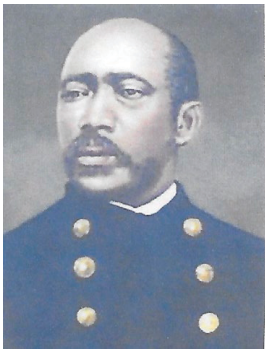
## Ed's Pan Africanism Update

By Edward H. Brown, Jr., MPA,

AACS Family Household Member

### May, Martin, Malcolm, and Me

In the month of May, the birth of two great Black Americans, Martin and Malcolm are celebrated. Allow me to clarify. I am talking about Major Martin Robison Delany (1812-1885) and Omowale Malcolm X (1925-1965). Now some of you are probably asking *"Who, in the world, is Martin Delany?"* As my pastor, Edwin Coffie, would say *"I'm glad you asked"*.

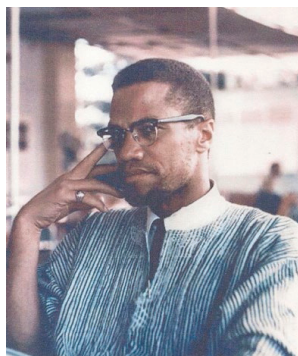


Martin R. Delany was a 19th century abolitionist, pan-Africanist, Harvard trained physician, and a Major in the Union Army. He was born on May 6, 1812. In response to the 1850 Fugitive Slave Act and the 1857 Dred Scott decision, Delany travelled to Africa in 1859. There he forged a formal

treaty with eight chiefs, in what today is southwest Nigeria, that permitted the "African Race in America" the "right and privilege" to settle on unused land.

Delany's philosophical perspective in the 19th century was comparable to that of Malcolm X in the 20th century, just as Frederick Douglass's philosophy was comparable to that of Dr. King's. Nevertheless, Delany and Douglass were friends and worked together as coeditors on the Anti-Slavery newspaper the "North Star". Douglass was fond of saying "I wake up every morning and thank God for making me a man, but Delany wakes up and thanks God for making him a Black man". In 1861 Delany coined the phrase *"Africa for the Africans"*.

Malcolm X was born on May 19, 1925. His most significant accomplishments were made in the final



year of his life from 1964 to 1965. Malcolm made two extensive trips to Africa in 1964, from April to May and from July to November. He visited 30 African countries and met with many of the founding fathers of modern Africa including: Nkrumah in Ghana, Toure in Guinea, Azikwe in Nigeria, Kenyatta in Kenya, Obote in Uganda and Nyerere in Tanzania. Malcolm urged them to bring the African American case before the United Nations. He also attended the 2nd Summit of the Organization of African Unity (OAU), where he said, *"African problems are our problems and our problems are African problems"*.

In Nigeria, Malcolm was given the name "Omowale" which means "son who has come home". Returning to America, he founded the Organization of African American Unity (OAAU) with the goal of bringing all Black organizations in the United States together under one umbrella.

Finally, on May 4, 2019, I was blessed to celebrate my 72nd Birthday. And the fact that God, my beloved parents, and fate choose to arrange for my birth to be in the same month as Delany's and Malcolm's!

## West Point Class of 2019...



Two years after Simone Askew made history as the first African American woman to be appointed to First Captain at the United States Military Academy at West Point, the academy is now graduating its largest class of Black women.

The group of 32 women participated in the traditional Old Corps photoshoot to memorialize their presence for years to come.

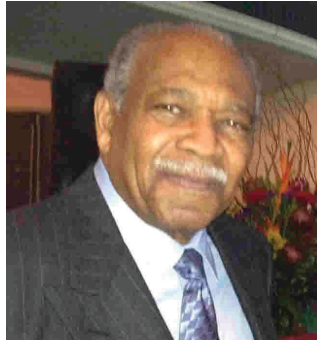
Last July West Point appointed Lt. Gen. Darryl A. Williams as its first Black superintendent.



## Howard's Essays

By Howard A. Myrick, Ph.D., AACCS Member

### HBCUs' Enrollments are Up ... and Growing! (Part 1)



Rejoice! ... ? Lament!  
... ? Historical Black Colleges and Universities (HBCUs) are experiencing significant increases in applications and enrollments, causing considerable interest in associated causes and consequences.

Most recently the phenomenon received attention in a comprehensive article in the New York Times (2/24/2019) under the title "When College Is Also a Haven", by Alina Tugend, citing also a similar phenomenon at all-women's institutions. The question "why" looms large, causing even more concern because there seems to be a link to the contemporary political climate characterized by vitriolic political dissent, racism, sexism and ideological extremism ... triggering a search for safe "havens" from it all. Does this bode ill, especially, for black students and the larger black community - extending egregiously to the entire nation?

The reference here is made to the significant impact that HBCUs and their alumni have had on the advancement of civil rights for minorities and the movement of the nation toward actualizing its espoused (and still not fully attained) credos and aspirations imbedded in such wonderful documents, e.g., The Declaration of Independence, Constitution, Bill of Rights, etc., underpinning our claim of being the "shining city on the hill" and an exemplar to all nations pursuing democracy.

Being a HBCU product (Florida A & M University), I have more than a casual awareness of the importance of HBCUs unique role performed in the educational, social and cultural wellbeing of the race and the nation. This accounts for the fact also that there is possibly a mixed interpretation which may attend this current increased enrollment phenomenon, specifically (I hasten to add) associated with the reference to the search for safe "havens". One interpretation might refer to the finding of places for "snowflaking" (a current term used to describe educational activity devoid of

concern for difficult and/or controversial subjects and serious discourse). Another interpretation might refer to the search for places for rekindling of commitment for civic engagement and preparation for aggressive activism in pursuit of readiness to deal with the toxic "isms" and regressive attitudes and actions pervading contemporary society - at home and abroad.

Much has been written about the impact of the contemporary political environment on causing people to avoid civic engagement. Much less has been written about the impact on a very important segment of the American public - which is young, college-age citizens - especially those whose presence and participation are so much needed in the quest for change, e.g., in ameliorating the toxic environment so overwhelming for ordinary citizens and voters.

That focus on younger Americans centers on the need for informed and more intellectually astute voters, capable of navigating the pitfalls of fear mongering and toxic "isms" that have so antagonized erstwhile voters to the extent that they are becoming members of a disenchanted group, so disaffected that they have becoming members of what has been labeled the "Exhausted Majority" - voters who are done with politics. ["These Voters Are Done With Politics", by Sabrina Tavernise, NYT Nov. 18, 2018, p.2.]

Whether or not young college-age citizens will comprise an off-setting constituency to the voter-drop-out segment is confounded by some changes in behavior of this youth segment - changes which also appear to be a reaction to the political environment. Among these changes are two significant ones: What is being observed is a shift in college applications and enrollment patterns - a phenomenon unexpected which seems to be related to young people wanting to get away from the deluge of troubling dissent, coinciding with marked increases in applications and enrollments to Historical Black Colleges and Universities (HBCU's) and All-Women's Colleges, driven by a heightened desire to be in a "safe environment" away from the fear that is permeating daily life in American society. ***This essay will be continued in the next edition.***

**The author is Professor Emeritus, School of Media and Communication, Temple University.**



## Rob's Recollection

By Robert W. Whiting, AACs Gold Lifetime Member

### The Judgement (afterlife) Scene of Ancient Egypt

The Judgement Scene is one of the most profound and astonishing documents in the history of man.

Embedded in its mythology are profound truths about the nature of man, everlasting life and judgement depicted symbolically utilizing animal and human behavior. It is one of the first scenes in the world to depict that by living a life in accordance with Ma'at, of truth, justice, order, righteousness, balance, harmony, reciprocity and morality, one is judged and can achieve everlasting life. The entire civilization of Ancient Kemet had a foundation based on spirituality.

History has shown that the principles of Ma'at were the "glue" for that foundation, that kept the civilization ongoing for three thousand years. The Old Kingdom included the building of pyramids, temples, sculpture and trade with other nations. After over 505 years of prosperity during the Old Kingdom, from 2686 to 2181 BCE, the civilization went into decline as a result of conflicts and the vying for power amongst the governors (heritep a'a) of the 42 provinces (sepatu). The priesthood also became dysfunctional.

Whenever the Africans on the Nile strayed away from the principles of Ma'at, chaos was the result. It took approximately 105 years, from 2181 to 2055 BCE, for Kemet to right itself to start the Middle Kingdom or Twelfth Dynasty.



Beginning with the upper left-hand corner of the Judgement (afterlife) Scene, Hunefer who is deceased and dressed in white, appears before Auser, (white crown) with his son Heru (falcon head) and 12 judges to account for deeds during his life. The falcon

head was used for spiritual vision since the falcon had very keen eyesight and could see prey up to a mile away. Note the ankh, the symbol of life, in the hands of Heru and some of the judges. This scene is like our court room with a judge and 12 jurors.

In the bottom left, Anubis (jackal head) is adjusting the scale. The jackal was noted for its keen sense of judgement and was used to adjust the balance of the scale. The Ibis bird (Djhuiti) was noted for its beautiful sound and was used to denote fine articulation of speech (recorder and keeper of records).

Hunefer's heart was weighted to determine whether he lived a life where his good deeds (Ma'at) outweighed his bad deeds. The goddess Ma'at is seated with a feather on her head and on top the fulcrum of the scale. The feminine principles were the foundation for morality and righteousness for these Africans.

Hunefer's good deeds over his lifetime were in accordance with Ma'at. He therefore was able to avoid Ammit, (crocodile head and hippopotamus legs) from devouring his heart and condemning him to eternal damnation. His heart was lighter than Ma'at which indicated that his good deeds outweighed his bad deeds.

Hunefer had lived a good wholesome life and is led by Heru the holy son before his father the god Auser to join the afterlife. Auser is seated on the square with the Lotus plant in front wearing the Hedjet (white crown) of upper Kemet. In his hands are the heka (shepherd's crook) and nekhekh (flail) which symbolize divine authority. The shepherd's crook denotes Auser's role as shepherd of all mankind and the flail represents the necessary punishment to maintain order in the society. The heka and nekhekh are symbolic of duality with two opposing but complementary forces – mercy and severity.

Standing behind Auser are his wife Aset (Isis) and her sister Nebthet (Nephthys). Aset is dressed in green (denotes life) and Nebthet is dressed in red (denotes death). Aset and Nebthet represent good and evil and duality of life (yin and yang).

These are profound African spiritual concepts that influenced and continue to have a profound impact on most religions in the world today.

## Orlando's Opinion

By **Orlando N. Johnson**, AACCS Corporate Gold Member

### 6 Daily Habits to Create Financial Success



You've probably thought about your finances and habits to adopt or drop this year. The difference between getting ahead or falling behind financially usually comes down to small actions you repeatedly do.

If you want to create more financial success in 2019, try implementing these six daily habits.

**Stay vigilant for signs of identity theft.** Identity scammers use the power of technology to steal information and money from you. Key data cybercriminals want include your: Birthdate, Social Security number, Driver's license number, Credit card numbers, Bank account numbers, and Insurance policy numbers.

But you can fight back using some basic habits. One is to never share this information with any person or company you don't trust completely or that doesn't absolutely need it.

If you write down or store your sensitive data, make sure that it's digitally secure or kept in a locked filing cabinet. Also, make a habit to shred paper mail before throwing it away so dumpster-diving thieves can't get your personal information.

Never visit your financial accounts or work with any confidential documents while you're connected to a public, unsecured Wi-Fi connection, such as in a coffee shop or airport.

**Automate your financial goals.** It's easy to fall into bad habits and lose sight of your financial goals. The trick to overcoming self-destructive financial behavior is to put these good habits on autopilot:

**Participate in a workplace retirement plan.** Workplace offerings may include a 401(k), 403(b) or 457. These types of accounts work well because contributions are automatically deducted from your paycheck before you're tempted to spend the money.

**Use direct deposit.** Have a portion of your paycheck, benefits or tax refund sent to a savings account. That's the best place to save for short-term goals, such as an emergency fund, home down payment or vacation.

**Set up recurring transfers.** Automate these transfers from your bank account to make contributions to an IRA or to your savings account every month.

The earlier you start saving and investing, the more financial security you and your family will have. You're never too young to begin planning for your future.

**Track your spending carefully.** If you're struggling

financially or just want to achieve more challenging financial goals this year, make tracking your income and expenses a habit. You can't change what you don't measure.

Most financial programs, such as Mint and Quicken, have easy-to-use budget functions. They automatically aggregate your financial transactions, organize them by category and allow you to create and monitor a budget.

**Use hacks to avoid impulse purchases.** Overspending is a common barrier to achieving financial goals. The more you give in to unplanned or excessive purchases, the more harmful they can be to your financial life.

Instead of caving in to impulses, use these habits that stand in the way between the compulsion to buy and buying:

**Sleep on it.** Try forcing yourself to delay purchases by at least one day so you have more time to consider if you really need them. For instance, you might wait 30 hours before buying anything over \$30. Or you might impose a spending threshold, such as \$250, over which you must discuss a potential purchase with a spouse, partner or friend.

**Avoid your favorite stores.** If there's an online retailer or a local shopping avenue where you can't resist buying something, avoid it. Understanding what tempts you the most will help you avoid making purchases you can't afford.

**Remember your last spending mistake.** If you feel compelled to buy something you don't need or that isn't in your budget, think about the last bad buying decision you regretted and don't let yourself give in to the impulse again.

**Protect your ability to earn.** Your financial well-being depends on your ability to earn an income. While cutting unnecessary expenses is important, there's a limit to the amount you can reduce. However, the amount you can earn is unlimited. So create a habit of improving your job skills, network and business opportunities. You might get a promotion at your same company, a better-paying job with a different employer or create self-employment income with a side business.

**Be grateful for what you already have.** Making gratitude a daily habit can help you improve your finances, relationships and reduce stress. If you're a compulsive shopper or can't seem to stick to a budget, it's time to reevaluate what you already have.

Try organizing your belongings in better ways, so it's easy to see and remember what you own. Sometimes paring down is the key to figuring out what you really use, so you can find more satisfaction in those items instead of accumulating more.

Taking some or all of these small actions every day might not seem significant at the moment, but they will add up to more financial success over time.

**NEXT STEP:** To learn more about the 6 Daily Habits please call Orlando at 386-597-0057 or visit [www.johnsonwealthmanager.com](http://www.johnsonwealthmanager.com)



# AACS Directory

## African American Cultural Society, Inc.

Weekday Office Hours 10 a.m. – 2 p.m.  
4422 US Highway 1 North, Palm Coast, Fla.

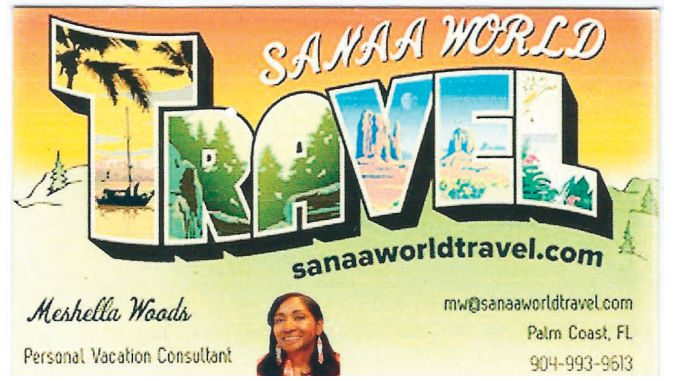
### Mailing Address

P.O. Box 350607, Palm Coast, FL 32135-0607

Telephone: (386) 447-7030

Facebook: AACSPalmCoast

Email: Info@AfricanAmericanCulturalSociety.org



**SANA WORLD TRAVEL**  
sanaaworldtravel.com

*Meshella Woods*  
Personal Vacation Consultant

mw@sanaaworldtravel.com  
Palm Coast, FL  
904-993-9613



**Leslie F. Giscombe, MBA**  
Founder & CEO

**African American**  
ENTREPRENEURS CLUB

4883 Palm Coast Pkwy NW  
Unit #1  
Palm Coast, FL 32137  
Tel: 386-246-8699  
Cell: 386-931-4637  
Fax: 877-235-0651  
info@aaclub.com  
www.aaclub.com



**Mwalimu K-Q Amsata, aka**  
**Edward H. Brown, Jr., MPA**  
Coordinator, RIC-North America,  
Pan African Federalist Congress  
[www.unitedafrikanstates.org](http://www.unitedafrikanstates.org)



P.O. Box 2070 • Flagler Beach, FL 32136  
Call/Text: (518) 649-7798  
[unitedafrica2020@aol.com](mailto:unitedafrica2020@aol.com) or  
[ric-na@etatsafricainsunis.org](mailto:ric-na@etatsafricainsunis.org)

Also Author of "The New Pan Africanism 2020"  
[amazon.com/Edward-H.-Brown-Jr.-MPA/e/B008UD5W0W/ref=ntt\\_dp\\_epwbk\\_0](https://www.amazon.com/Edward-H.-Brown-Jr.-MPA/e/B008UD5W0W/ref=ntt_dp_epwbk_0)



**Orlando N. Johnson**  
Registered Investment Advisor and  
Financial Planning Specialist  
389 Palm Coast Parkway SW  
Suite 4, Palm Coast, FL 32137  
T: 386-597-0057 | C: 386-503-3886  
F: 386-445-6123



email: [orlando@johnsonwealthmanager.com](mailto:orlando@johnsonwealthmanager.com)  
[www.johnsonwealthmanager.com](http://www.johnsonwealthmanager.com)

*Thoughtful insight, honest communication and caring service*



Agnes Lightfoot, Realtor  
[agneslight@yahoo.com](mailto:agneslight@yahoo.com)

**Weichert**  
**Realtors**  
Hallmark Properties

*Experience Excellence*

**Call Agnes**  
**386-986-6535**



**Trademark Realty Group**  
Love Where You Live  
[melindamorais@live.com](mailto:melindamorais@live.com)  
386-569-5102

416 S Central Avenue  
Flagler Beach, FL 32136  
Office: 386-447-6889  
Fax: 386-447-4889

Melinda J. Morris  
REALTOR - SFR  
[www.melindamorais.com](http://www.melindamorais.com)

### The Scribe

Advertising Rates per edition  
Business card: \$10      Quarter-page: \$25  
Half-page: \$50      Full page: \$100



## *The Scribe*



NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
PERMIT NO. 30  
Flagler Beach, FL

***Have a family member  
graduating from high school  
or college this year?***

***Please email their name,  
photo and school address,  
along with your name, for us to  
include in the next edition!***

**The Cultural Center:** Weekday Office Hours 10 a.m. – 2 p.m.

**Telephone:** (386) 447-7030 **Facebook:** AACSPalmCoast

**Mailing Address:** P.O. Box 350607, Palm Coast, FL 32135-0607

**Email:** [Info@AfricanAmericanCulturalSociety.org](mailto:Info@AfricanAmericanCulturalSociety.org)

### **FREE Film Presentations – Thursdays @ 2 p.m.**

**The Cultural Center, 4422 US Highway 1 North, Palm Coast, Fla.**



**June 6**

**Afraid of Dark  
(2014)**

*An insightful, serious and entertaining  
documentary about the misconceptions  
and stereotypes of Black men.*



**June 13**

**Juke Joint  
(1946)**

*A couple of shabby but resourceful gents  
manage to bankroll a nightclub. Actor  
Spencer Williams, Jr. went on to play Andy  
on TV's The Amos 'n' Andy Show.*